BAKED SHRIMP RECIPES HEALTHY



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Baked shrimp are very healthy. Actually, almost any shrimp recipe is healthy, unless they are breaded and deep fried (these low carb breaded shrimp are the tasty exception).

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Shrimp baked in olive oil, chicken stock, garlic, and lemon to create a delicious quick low-carb dinner. If you re looking for a delicious super easy recipe that can be prepared ahead of time AND ready to eat in about 12 minutes then this Baked Lemon Garlic Shrimp recipe is for you.

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